



Chinese Cancer & Chronic Illness Society of Victoria

維省新生會

A Volunteer-based Charity

Annual Report

2022-23



Mission & Values

Mission Statement

To alleviate distress and suffering, and sustain the quality of life of people from a Chinese background who are affected by cancer and or chronic illness

Aims and Objectives

The Society aims to

- provide direct relief and support services and programs to people of Chinese descent who are affected by cancer and or chronic illness
- deliver information and community education about cancer and or chronic illness in the Chinese language to people of Chinese descent
- advocate for cultural needs of people who are affected by cancer and or chronic illness

使命

幫助華裔背景、受癌症及慢性疾病影響的人士減輕痛苦，儘量保持其生活質量

目標

支援華裔背景受癌症及慢性疾病影響的所有人士
呼籲社區關注華裔背景受癌症及慢性疾病影響人士的特殊需要
提供防癌教育 工作及有關癌症和慢性疾病的各種資料

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Chinese Cancer and Chronic Illness Society of Victoria acknowledges the traditional custodians of our lands, the Wurundjeri people of the Kulin Nations, and pays respect to their Elders, past and present.

Committee of Management & Advisors



Dorothy Yiu OAM JP
Chairperson & Founder



Wina Kung
Deputy Chairperson



Wanling Zhang
Hon. Secretary
(resigned Mar 2023)



Jacob Lee
Treasurer



Mandy Lee
Committee Member
(Acting Hon. Sec. since Apr 2023)



Dr Frank Y Wang
Committee Member



Margaret Yung
Committee Member

Benefactor of Datuk Fook Kim House (CCCIS Box Hill Centre)

Mr K.H. Lai

Patron

Ms Alice Wong

Financial Advisor

Mr Tony Xie

Legal Advisor

anonymous

IT Advisor

Mr Richard Bradford

General Advisors

Ms Sue Herbst

Medical Advisors

Dr Michael Cheng (Breast & Endocrine Surgeon)

Dr Kevin Siu AM (Neurosurgeon)

Dr Paul Ng (Psychiatrist)

Dr Aaron Wong (Palliative Medicine Specialist & Medical Oncologist)

Chairperson's Report

It is my pleasure to present to you CCCIS 2022–2023 Year Review. As a charity providing supportive services to Chinese people affected by cancer and other chronic illnesses, during post-covid, we managed to adapt and modify our service delivery model through safe in-person contacts or online services.

This Annual Review outlines what we have achieved during the 2022–23 financial year. Some of our highlights are as follows:

Most of our support groups have re-started to meet in-person since the beginning of 2023, with the Box Hill cancer support group resuming meetings in February 2023. Other groups decided to meet online or in-person. Our staff re-started our outreach services in Box Hill Hospital and Peter MacCallum Cancer Centre since the beginning of this year as well. We found that the number of admission and follow-up patients in those hospitals were comparatively lower than before the pandemic.

Our referrals mainly came from hospitals' social workers and nurses. Recently, we received more referrals from city councils' access and support workers. Most of those referrals were sufferers people living with chronic illness/es as well as their family members and carers, many of them receiving end-of-life care.

We continued our HACC Social Support Service in multiple cities in partnership with mecwacare. This partnership project offered regular online and face to face social support to isolated people and carers who are under 65 years old. Services included emotional and practical support to those who are isolate, and respite for carers to have time-out from their caring role.

With the sponsorship of an anonymous foundation and the Opalgate Foundation, we continued our *Chinese Meals Free to People In Need* program during this financial year. We have a team of very dedicated volunteers who help

once a fortnight to prepare an average of 80 boxes of food for our clients who, for a variety of reasons, are unable to prepare meals for themselves. Our delivery team also acts as a bridge to link our service recipients to connect with the community. Additionally, through a generous donation from Opalgate Foundation, we have given our centre's small kitchen a minor renovation in October 2022 by installing an industrial wok burner, additional exhaust fans, cupboards and sinks. These improvements have provided much better facilities for our volunteers to prepare meals. Feedback from our clients and the referral agencies has continued to be very positive.

Building upon our mission of being a Chinese organisation that specialises in cancer support and education, Cancer Council Victoria has funded us to support a 6-month project (November 2022 to May 2023) to develop a hepatitis-related liver cancer resource that will help increase knowledge for people at increased risk of liver cancer. The project included recruitment of interviewers, consultations, and promotion of the resource to GPs and other health care workers.

We continue to work closely with people with advanced illness and to provide end-of-life care support. In addition, our Society also focuses on death education to educate our community on matters that are associated with death and dying. We supported the Groundswell Project's annual campaign, Dying to Know Day by hosting a workshop on end-of-life planning in August 2022. We also offered presentations on Advance Care Planning to the Chinese community.

Our gardening program has continued to thrive without external funding support. The program aims to foster our clients' wellbeing by helping them stay connected with the wider community and improve cognitive, physical and mental health. We have added more raised garden beds in the front lawn for vegetable growing. The new

veranda which was also sponsored by Opalgate Foundation provides extra working space for our members to participate in gardening activities. We are aiming to provide horticultural therapy either in a group setting or on an individual basis in the near future.

We continued to offer internships for social work students from different universities to gain practical experience in the field. This helps them improve their skills and knowledge and prepares them for their future careers as social workers.

In terms of the Society's fiscal situation, we are in a stable position at the end of the 2022/23 financial year. I gratefully thank all the generous donors who supported us including the anonymous Foundation, Opalgate Foundation, NPS Charitable Trust, Oriental Merchant Pty Ltd, our corporate sponsor, and other individual donors. We also received some funding from the Victorian Multicultural Seniors Grant to support us hosting cultural activities and events. Our Treasurer will provide a financial report separately.

In closing, I would like to thank heartfully our landlord, Joe Lai who has offered us free rental since 2005, Patron, Alice Wong, advisors and members of the Committee of Management. They have been driving the Society quietly behind the scenes. I also express my sincere thanks to all our amazing volunteers who work tirelessly day-by-day to support the Society. Their dedication is an inspiration to all of us.

In our 27 years of service to the Chinese community, we look forward to continuing to connect and serve people living with chronic illness to live with quality. As the community continues to face many challenges, the importance in remaining resilience as an organisation has never been clearer. I am proud of the work we do and will keep a watchful eye to ensure they align with our vision and mission to provide the best possible support to our community. ■

Dorothy Yiu OAM JP

Chairperson & Founder

Chinese Cancer & Chronic Illness Society of Vic



主席報告

我很榮幸能代表「維省新生會」向大家進行2022至2023財政年度的主席報告。作為一個專門為受癌症和其他慢性疾病影響的華人提供支持服務的慈善組織，在後疫情時代，我們成功地調整了我們的服務模式，來為大家提供安全的面對面或線上服務。

這份年度報告詳細列出了我們在2022至23財政年度取得的成就，以下是一些亮點：

首先，自2023年初以來，我們的大多數支持小組已經重新開始面對面會議，Box Hill癌症支持小組於2023年2月恢復線下會議，其他小組則決定結合線上和線下會議。我們的工作人員也自今年初重新開始了在Box Hill醫院和Peter Mac腫瘤中心的外展服務。我們發現，與疫情前相比，這些醫院的入院和隨訪患者數量相對有所降低。

我們的客戶轉介主要來自醫院的社會工作人員和護士。最近，我們也從市政府的支持工作人員那裡收到了更多的轉介。大多數這些被轉介的客戶都是患有慢性疾病的人士以及他們的家庭成員和照顧者，其中的許多人都在接受臨終關懷。

我們在與mecwacare機構合作的「HACC-PYP社交支持服務」持續為多個市區的居民提供服務。這個合作項目為65歲以下的孤立人群和照顧者提供了定期的線上和面對面的社交支持。服務內容包括為感到孤獨的人士提供社交、情感和實際支持，以及為許多照顧者提供暫時休息的機會。

在一個匿名基金會和Opalgate基金會共同的慷慨贊助下，這個財政年度中我們繼續開展「福飯送溫暖」的餐食計劃。我們有一支非常敬業的義工團隊，他們每兩周一次地為我們的客戶準備平均80餘盒的中餐，接受服務支持的客戶大多由於各種原因無法為自己準備食物。而我們的運送團隊也起到了「橋樑」的作用，將我們的服務對象與社區連接起來。此外，在2022年10月，受到Opalgate基金會慷慨的支持，我們將會所中心的小廚房進行了小規模的翻新——安裝了工業炒鍋灶、額外的排氣扇、櫥櫃和水槽等。這些在設備上的改進為我們福飯項目的義工們提供了更好的基礎設施用以備餐。而我們所收到的來自客戶和轉介機構的反饋也一直非常積極。另外，在我們

專為社區提供提供癌症支持和社區教育的使命基礎之上，「維省癌症協會」(Cancer Council Victoria) 資助我們開展了為期六個月（自2022年11月至2023年5月）的項目，來開發一個與肝炎和肝癌預防相關的資料，旨在幫助提高社區人士對肝癌風險的認識。該項目過程包括招攬訪談員、諮詢和向全科醫生和其他醫療工作者進行資源推廣等。

在2022至2023財政年，我們亦持續為患有末期疾病並在接受寧養療護和臨終關懷的人士及其家屬提供支持與關懷。不僅如此，我們協會也持續專注於社區「生死教育」，來為我們的社區提供與死亡相關事宜的教育。我們亦於2022年8月舉辦了一個有關「臨終關懷計劃」的工作坊，來支持和相應 Groundswell Project 的年度活動——「Dying to Know Day 渴望了解死亡日」。而我們也持續地向華人社區提供了有關「預先醫療指示」(Advance Care Planning) 的社區講座。

另外，我們的園藝計劃在沒有外部資助支持的情況下繼續蓬勃發展。該計劃旨在通過幫助我們的服務對象與更廣泛的社區保持聯繫，來改善和提高認知及身心健康，以促進其福祉。我們在會所前院增添了更多用於蔬菜種植的高架花園床。由 Opalgate 基金會贊助的新陽台也為我們參加園藝活動的會友提供了額外的空間。我們計劃在不久的將來，進一步推廣我們的團體或一對一形式的園藝治療的服務。

除此之外，我們也繼續為來自不同大學的社會工作學生提供實習機會，幫助他們在實踐中夯實理論和實操經驗、更好地提高個人的專業技能和知

識，為他們作為社會工作者的未來職業生涯做好準備。

就協會的財務狀況而言，在2022至23財政年度末，我們依舊處於穩定的狀態。我們得到了包括贊助「福飯送溫暖」項目的匿名基金會和 Opalgate 基金會、南番順 (NPS) 慈善信託以及中達食品（我們的企業贊助商）、其他社區善長人翁的長期支持，以及來自「維省多元文化長者補助」的小額補助。在此，我僅代表協會向他們表達我們最誠摯的謝意。具體的財務報告將由我們的財務主管進行單獨匯報。

最後，我衷心感謝自2005年以來一直以每年「一元」租金為我們提供會址的房東 Joe Lai 先生，贊助人 Alice Wong 女士，以及協會所有的顧問和管理委員會成員——他們一直在幕後推動著協會的發展。我還要向所有每天勞心勞力地支持協會活動和發展的義工們表示由衷的感謝——他們無私的奉獻精神激勵著我們所有的人。

在為華人社區提供服務的27年裡，我們期待著繼續與患有慢性疾病的人士建立聯繫，並協助他們獲得和保持有質量的生活。隨著我們的社區持續面臨著許多挑戰，保持「韌性」對一個協會來說顯得更加重要。我為我們所做的工作感到自豪，並將繼續注力以確保它們與我們協會的願景和使命保持一致、為我們的社區提供最佳的支持。



姚沈宛 OAM JP
維省新生會之創辦人兼主席



Support Services Snapshots



clients supported including
their carers and family
members



individual support sessions
provided by staff and volunteers

Top 5 LGA (Service recipients)

Whitehorse	34%
Manningham	14%
Monash	13%
Boroondara	9.5%
Melbourne	4.5%



health related community
education sessions held (in-
person and online)



free Chinese meals and
emergency food-packs delivered
to people's home



hours of wellbeing and respite
support provided to clients with
*Home and Community Care Program
for Younger People (HACC-PYP)* in
partnership with mecwacare

Community Education, Activities & Events

In 2022-23, we hosted

16

health related community education
sessions (in-person and online)

39

wellbeing activities and cultural events



Support Groups



In 2022-23, CCCIS continued hosting the following support groups across Melbourne metropolitan areas, combined with face-to-face gatherings and online meetings.

Cancer Support Groups

- **Box Hill Weekly Cancer Support Group:**
 - Facilitators (Cantonese & Mandarin): Dorothy Yiu (Pro bono) & staff
- **Box Hill Mandarin Cancer Support Group:**
 - Group Leader: Jenny He (Volunteer)
- **Box Hill English Cancer Support Group:**
 - Group Leader: Mimi Chong (Volunteer)
- **Footscray Cancer Support Group (Cantonese):**
 - Group Leader: May Lui (Volunteer)
- **Springvale Cancer Support Group:**
 - Group Leader (Mandarin & Cantonese): Angie Lee (Volunteer)
- **Cancer Support Group @ Wellbeing Centre Peter MacCallum Cancer Centre**
 - Group Leader (Mandarin & Cantonese): Frieda Si



Chronic Illness Support and Wellbeing Groups

- **WestCare Senior Wellbeing Group:**
 - Facilitator (Mandarin & Cantonese): Candy Law (Volunteer)
- **Parkinson's Disease Support Group:**
 - Group Facilitator: Jenny He (Volunteer) & Debbie Wan (Family Support Worker)
- **Dementia Support Group:**
 - Group Facilitator: Debbie Wan (Family Support Worker)
- **Box Hill Horticultural Group:**
 - Facilitator: Dorothy Yiu (Pro bono)



Seniors Active Groups

- **Box Hill Chinese Dancing Program**
 - Facilitator: Jiulian Fan (Pro bono)
- **Box Hill Mindfulness Workshop**
 - Facilitator: Angie Lee (Volunteer)



Chinese Meals Free to People In Need Program

福飯送溫暖



參與福飯是我其中樂趣與助人的開心事，轉眼已3個年頭，由寫菜單、買餸、分配工作及各樣鎖碎事，從中亦學了不少處理事情，多謝姚太給予機會嘗試。由於近年百物騰貴，買材料經費亦有影響，幸好得到捐款機構明白，再捐多一些善款支持福飯繼續。

經一事、長一智：

- 有次買了一些鮮魚，由於醃製過程中處理不好，結果全部不能用，真心痛。
- 控制分量及鹹淡味亦是非常重要，有時客人亦有回應味道太鹹、濃或淡所以經常與廚師溝通試味、改善。

慶幸義工團隊非常齊心、細心、互相幫助，互想提醒完成每次福飯。多謝開哥、Sylvia、Angela、Pinky、Mackie、Angel、Jennifer... Dorothy 亦幫助當各義工放假時，抽身協助義工調配加人。有時廚師放假時候亦當大廚及幫手補給廚房油、鹽、醬、醋。係我哋最後防線支援，亦協助其他義工送餐。🙏🙏

多謝海外慈善機構，捐款給維省需要人仕，讓他們在最需要時候得到支援及幫助。

開開
福飯組



Horticultural Program



A strong and cohesive team.

The gardening program team met regularly working in the garden, watering, weeding, planting, fertilising, etc. They enjoyed their skills and expertise, and always had innovative ideas to improve the Society's garden. Many of them even brought their plants from home to add varieties and colour to the vegetable and flower beds.

The group also hosted 4 events during the year at the Activation Pod in Box Hill Mall to raise awareness of sustainable gardening. 'Plant a seed to save the environment' was the theme of the events. Free seeds of different varieties were given out to the public on the day. The passersby eagerly took the seeds and listened attentively as the 'gardeners' explained how to plant and care for them. Many of them expressed their gratitude for the opportunity to grow their own plants.



Our People

thank you



Staff Members (July 2022 - June 2023)

Dorothy Yiu, Manager (Pro bono)
Frieda Si, Assistant Manager (resigned May 2023)

Family Support - Social Workers/Counsellors:

Debbie WAN (full-time)
Queenie LAM (part-time, since Nov 2022)

Account/Bookkeeping:

Yvonne YUEN (resigned Feb 2023)
Jennifer YIP (since Feb 2023)

Social Work Interns:

Vivian TAM, Anne CHEN, Kayla CHAN, Lorraine GUAN

過去一年，新冠疫情的陰霾總算過去了，我們的義工隊亦開始全面恢復服務。新生會義工隊的主要服務範圍包括：福飯服務、園藝組、家居探訪、小組支援及辦公室的行政工作等。

在17/6的義工訓練日中，我們請義工們以「我在新生會的任務」為題介紹自己在新生會的角色，我們有不少義工其實都是身兼數職的，他們實在是我們的「義工泰斗」呢！

在此衷心感謝我們的義工隊，感謝你們付出自己的時間和心力，支持新生會；感謝大家以無私奉獻的精神，為有需要的人提供貼心到位的服務。

Mandy Lee
Volunteer coordinator (Pro Bono)

List of Volunteers

(01 Jul 2022 - 30 Jun 2023)

Agatha Ooi	Lai Lin Soon
Angel Lung	Lili Xiang
Angela Ong	Lily Wong
Angie Lee	Mackie Chun
Annie Lee	Mandy Lee
Candy Law	Margaret Yung
Cissy Yu Zuo	Mary Xu
Diane Coleclough	May Lui
Dorothy Yiu	Miranda Liang
Elaine Su	Pinky Ta
Elsa Lau	Portia Wong
Fanny Shuen	Pui Fun Cheung
Feby Lee	Raymond Pau
Frank Wang	Stephen Wong
Franklin Lee	Sylvia Leung
Grace Lim	Tang Yau Fong
Hoi Kwai Cheung	Wanling Zhang
Jacob Lee	Wilfred Ng
Jennifer Zhang	Wina Kung
Jenny He	Wing Hong Lee
Jenny Zhang	Wing Yee Siu
Joan Chen	Winnie Lo
Joanne Fung	Zoe Zhang
Kim Szeto	and ...

families of our volunteers who
helped with our activities and events.



17/6/2023 (週六) 義工訓練日
Margaret Yung (中) 及 Frieda Si (右) 分別為義工介紹 NDIS
及網絡安全的知識。

Hearing from Our Volunteers

Volunteering at CCCIS

by Franklin Lee

Being a volunteer at CCCIS has been an exceptional journey, one that has left a profound impact on my personal and professional growth. Within the realm of nonprofit organizations, CCCIS stands out for its remarkable administrative efficiency. At the heart of this organization is Dorothy, an extraordinary leader who not only excels in her role but also genuinely cares for every volunteer. She embodies qualities such as active listening, unwavering passion for all stakeholders, sharing of professional knowledge, and providing essential emotional support.

Throughout my three-month journey with CCCIS, I have had the privilege of serving the clients they support. This experience has significantly contributed to my personal development, enhancing my knowledge in palliative care, fostering self-actualization, bolstering my resilience, and allowing me to practice and refine my counseling skills. The sense of unity within the CCCIS team is truly inspiring, as everyone works harmoniously to support one another's endeavors.

Despite operating with limited resources, CCCIS makes an extensive and meaningful contribution to the Chinese community through its wide range of services. Being a part of this organization has not only enriched my life but also reinforced my belief in the power of collective action to create positive change in our communities.

在新生會做義工

作為CCCIS的志願者，這段非凡的經歷對我的個人和職業成長產生了深遠的影響。在非營利組織中，CCCIS以其卓越的行政效率脫穎而出。這個組織的核心是Dorothy，她不僅在她的表現專業和出色，還真正關心每一位志願者。她具備積極傾聽的品質，對所有利益相關者充滿激情，分享專業知識，並提供必要的情感支持。

在我與CCCIS的三個月旅程中，我有幸為他們支援的客戶提供服務。這個經驗促進了我的個人發展，增強了我在姑息護理方面的知識，培養了自我實現感，增強了我的韌性，並讓我有機會實踐和完善我的輔導技巧。CCCIS團隊的團結精神真正令人鼓舞，每個人都和諧地協作，支持彼此的努力。

儘管資源有限，但CCCIS通過其廣泛的服務為華人社區做出了重要而有意義的貢獻。

李向輝

Client & Member Stories



My Journey

by Wilfred Ng

My life was turned upside down when I was diagnosed with NPC cancer in Feb 2021, and was even more devastated when told that I most probably had 6 months to live. So many questions flooded my mind! Anyway I completed my 7 weeks of chemotherapy and radiation treatments on 9 Jul 2021. The first 5 months of recovery was a very difficult period. Swallowing was extremely painful and all my meals had to be pureed. Most times I spent sleeping due to radiation fatigue and just waiting for the external neck wound to be healed. Honestly there were times that I just wanted to give up. My wife, who is also my carer, practically nursed me back to health and encouraged me to press on. I want to applaud all carers who are there for us as they share our journeys.

It took about a year and a half before I was physically strong enough to be independent. Now I try not to let the side effects of radiation, like the loss of hearing and taste as well as the external fibrosis on my neck area, to hinder me from moving forward to live as normal a life as possible. I just got into line dancing and loving it!

Recently while researching on connecting to fellow patients, I stumbled across CCCIS. It is so comforting and reassuring to know that CCCIS is always there for people like me. I am glad to be associated with them now as a volunteer. Hopefully I can be a blessing to others journeying on.

加入義工行列

自從新生會十週年籌款音樂會認識新生會開始，當日就被姚太邀請加入義工行列，自今已有17年。

我經歷了有近廿年的義工工作，令我留下深刻印象；看見會員們互相支持、關懷和鼓勵，好極了。舉例；其中曾參與過無數場籌款音樂

會幕後工作，親身目睹台前台後義工們，在分工合作，例如擔擔抬抬的工作人員，不遺餘力，把音樂會處理得井然有序，將這個大型聚會能夠成功順利完成。他們的積極關心、齊心協力之舉動，原來是義工們的功勞。最重要是；籌款所得是為資助新生會的營運開支，服務有需要的患癌症病人。所謂：「有錢出錢，有力出力」。我願意加入義工們行列成為有力出力的一分子。

今天新生會的服務對象不單是患癌症病人，還發展擴展至為慢性疾病病人服務。自加入新生會後，開始由一個雜工工作起，參與各項活動中，可體會到新生會是義工們的協力下成長，不單為癌症疾病，現已增加為慢性疾病病人服務，並體會到新生會會員，他們大多數是康復者，對生命的活力，是正面和積極面對，笑對人生。正是令我敬佩的，從而使我對生命的另外看法；如何重視生命的意義？不只重視生命活得多長久，還需重視活在當下，每一天都要活得滿足和有意義。我對於在新生會做義工好滿足和有意義，每每有活動都一定抽空參加。

蘭子

What People Say to Us

"Thanks to Dorothy for her excellent supervision ..."

Liaison Officer, Social Work Department Victoria University

Dear Dorothy and staff,

Thank you so much for all the care, kindness, warmth and patience you have shown to John when. Thank you for all the equipment you have given us. We appreciate you all and the work you do everyday. Thank you so much!

Love,

The Wan Family

31-5-23

"Thanks Dorothy. I am really appreciate with what you done for us."

Mr Client

"真的很感謝新生會在我病重期間對我的幫助，解決後顧之憂。感謝新生會和溫老師給我們帶來溫暖和食糧。"

"多謝提供服務，讓我作為照顧者有外出的機會。"

"谢谢Dorothy, Richmond和他太太在我丈夫生病期间对我们的照顾。她们人很热心地去帮助我们，令我们感到很温暖。"

"新生会在我患病期间，给予我送餐服务，真的非常感谢。我希望康复后能参加其他的活动"

"我們患者和照顧者都希望此次服務項目能持續長久擴大推廣下去，多謝各位不辭辛苦的愛心付出。"

"感恩新生會的熱心熱情，不止提供患病者的社區活動，並舒緩照顧者生活的壓力和負面情緒。更提供福飯服務。還很樂意為我們去查詢並解答這段困難時期所要面對的問題。更幫助我們去了解政府的支援服務。很感謝新生會和他們的員工。謝謝你們！"

"新生会对我们进行了两个月的送餐食帮助。你们的义工小陈工作做的很细致，态度温和。新生会的餐食做的很合老年人胃口。非常感谢新生会这两个月的帮助！"

"good kind helpful service"

"感謝新生會和他們的員工為我們提供社區活動和福飯，還為我們解答現時生活困難上的問題，並幫助我們了解政府的支援服務。感恩你們！感謝你們！"

"大家對我們都很關懷。謝謝"

"Firstly, please accept my thankfulness for your guidance and arrangement for Lorraine and Kiu this year. I know this may not be an easy task but your experience sharing and coaching did help the two students a lot to be a professional social worker in the near future ..."

Chinese University of Hong Kong Social Work Department

"Very kind and helpful, continue the good work. Thanks"

"非常感謝貴服務中心提供的幫助，Frieda 女士非常周到的安排，感恩"

"谢谢新生會，在我最困难的时期给了我帮助，尤其是与我联系的wen老师，热情细心周到的服务使我倍感亲切，十分感谢对我的帮助和爱"

"我很幸运在我需要帮助的时候找到了你们，谢谢"

Our Generous Supporters

We thank everyone and all the organisations that have supported CCCIS financially this year. With your generous support, CCCIS is able to continue the level of services we provide to our clients, carers and their families. We are most grateful for this support and encourage members of our community to help us in any way they can.

List of Individual Donors

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Bunnings Box Hill South
Cancer Council Victoria
City of Whitehorse
Flamingo Hearts Pty Ltd
Num Poon Soon Charitable Trust
Opalgate Foundation
Oriental Merchant Pty Ltd
Victorian State Government:

- Living Local- Community Grants Program
- Multicultural Seniors Grant

Our Fundraising Activities



Treasurer's Report

Statement of Profit or Loss and Other Comprehensive Income For the year ended 30 June 2023

	2023	2022
	\$	\$
Revenue	162,480	438,449
Interest Income	<u>9,734</u>	<u>1,518</u>
Total Revenue	172,214	439,967
Expenses		
Administration Charges	(109)	(747)
Community Education Expenses	(633)	(1,228)
Depreciation Expense	(5,930)	(2,941)
Electricity, Water & Gas	(3,637)	(2,553)
Function Expenses	(1,742)	(396)
Fundraising Expenses	(1,077)	-
Insurance Expense	(3,521)	(3,604)
ICT Expenses	(3,616)	(3,419)
Meeting Expenses	(74)	-
Minor Assets Purchased	(572)	(1,550)
Office Expense	(1,894)	(6,959)
Other Staff Costs	(73)	(105)
Payroll Expenses	(162,261)	(170,145)
Program Expenses	(29,473)	(26,334)
Rent and Council Rates	(314)	(427)
Volunteer Expenses	<u>(2,049)</u>	<u>(1,752)</u>
Total Expenses	(216,976)	(222,160)
Total Profit / (Loss) for the year	(44,762)	217,807
Other comprehensive income for the year, net of tax	-	-
Total comprehensive income / (deficit) for the year	(44,762)	217,807

Treasurer's Report

Statement of Financial Position As At 30 June 2023

	2023	2022
	\$	\$
ASSETS		
CURRENT ASSETS		
Cash and cash equivalents	216,614	343,249
Trade and other receivables	5,257	7,805
Other financial assets	548,657	546,911
Other assets	14,022	3,597
TOTAL CURRENT ASSETS	784,550	901,562
NON-CURRENT ASSETS		
Property, plant & Equipment	28,100	14,761
TOTAL NON-CURRENT ASSETS	28,100	14,761
TOTAL ASSETS	812,650	916,323
LIABILITIES		
CURRENT LIABILITIES		
Trade and other payables	9,389	8,127
Provision-Annual Leave	5,668	16,941
Contract Liabilities	-	48,900
TOTAL CURRENT LIABILITIES	15,057	73,968
TOTAL LIABILITIES	15,057	73,968
NET ASSETS	797,593	842,355
EQUITY		
Meals Reserve	63,537	72,813
Kitchen Reserve	-	50,000
Retained Surplus	734,056	719,541
TOTAL EQUITY	797,593	842,354

Treasurer's Report

Statement of Changes in Equity For the year ended 30 June 2023

2023

	Meals Reserve \$	Kitchen Reserve \$	Retained Surplus \$	Total \$
Balance at 1 July 2022	72,813	50,000	719,541	842,354
Surplus for the year	-	-	(44,762)	(44,762)
Transfer from retained surplus to reserve accounts	(9,276)	(50,000)	59,276	-
Balance at 30 June 2023	63,537	-	734,056	797,593

2022

	Meals Reserve \$	Kitchen Reserve \$	Retained Surplus \$	Total \$
Balance at 1 July 2021	63,938	-	560,609	624,547
Surplus for the year	-	-	217,807	217,807
Transfer from retained surplus to reserve accounts	8,875	50,000	(58,875)	-
Balance at 30 June 2022	72,813	50,000	719,541	842,354

Treasurer's Report

Statement of Cash Flows

For the year ended 30 June 2023

	2023 \$	2022 \$
CASH FLOWS FROM OPERATING ACTIVITIES:		
Receipts	114,293	366,719
Interest received	283	1,518
Payments to suppliers and employees	<u>(221,944)</u>	<u>(221,790)</u>
Net cash provided by (used in) operating activities	<u>(107,367)</u>	<u>146,447</u>
CASH FLOWS FROM INVESTING ACTIVITIES:		
Purchase of Property Plant & Equipment	(19,268)	(5,311)
Payments for Investments	(1,745)	
Proceeds from Investments	<u>1,745</u>	<u>-</u>
Net cash provided (used in) investing activities	<u>(19,268)</u>	<u>(5,311)</u>
CASH FLOWS FROM FINANCING ACTIVITIES:		
Net cash provided (used in) financing activities	<u>-</u>	<u>-</u>
Net increase (decrease) in cash and cash equivalents held	(126,635)	141,136
Cash and cash equivalents at beginning of period	<u>343,249</u>	<u>202,113</u>
Cash and cash equivalents at end of the period	<u><u>216,614</u></u>	<u><u>343,249</u></u>

HOW YOU CAN HELP US

Financially:

Your generous donations, no matter how big or small, will help us to continue to support our Chinese community by providing the much-needed support services to people facing a life-threatening illness and their families and friends.

Our services are provided at no cost. You will be helping us to provide:

- Social Work
- End-of-Life Practical Support
- Grief and Bereavement Counselling
- Chronic Illness Support Groups
- Equipment Loans (e.g. walker, wheelchair)
- Volunteer Training
- Transport Support
- Free Meals and Food Hamper Service
- Wigs

Volunteering:

CCCIS is proud of having a group of dedicated volunteers who not only make a difference to our clients and their families, but also make CCCIS a safe and welcoming place where people feel supported and have a sense of belonging.

To find out more or to join our team, please contact us through:

W: www.cccis.org.au/volunteer-with-us

T: 03 9898 9575

E: enquiry@cccis.org.au

Chinese Cancer and Chronic Illness Society of Victoria Inc. is a charity registered with the Australian Taxation Office as an Income tax Exempt organisation. All donations over \$2 are tax deductible.



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