



Chinese Cancer & Chronic Illness Society of Victoria

維省新生會

A Volunteer-based Charity



Annual Report

2024 - 2025

Compiled by Dorothy Yiu and Wing Siu

Mission & Values

Mission Statement

To alleviate distress and suffering, and sustain the quality of life of people from a Chinese background who are affected by cancer and or chronic illness

Aims and Objectives

The Society aims to

- provide direct relief and support services and programs to people of Chinese descent who are affected by cancer and or chronic illness
- deliver information and community education about cancer and or chronic illness in the Chinese language to people of Chinese descent
- advocate for cultural needs of people who are affected by cancer and or chronic illness

使命

幫助華裔背景、受癌症及慢性疾病影響的人士減輕痛苦，儘量保持其生活質量

目標

支援華裔背景受癌症及慢性疾病影響的所有人士
呼籲社區關注華裔背景受癌症及慢性疾病影響人士的特殊需要
提供防癌教育工作及有關癌症和慢性疾病的各種資料

T A B L E O F C O N T E N T S

- COMMITTEE OF MANAGEMENT & ADVISORS
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- COMMUNITY EDUCATION, ACTIVITIES & EVENTS
- SUPPORT GROUPS
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- OUR GENEROUS SUPPORTERS
- TREASURER'S REPORT



Chinese Cancer and Chronic Illness Society of Victoria acknowledges the traditional custodians of our lands, the Wurundjeri people of the Kulin Nations, and pays respect to their Elders, past and present.

Committee of Management & Advisors



Dorothy Yiu OAM JP
Chairperson & Founder



Wina Kung
Deputy Chairperson



Frieda Si
Secretary



Jacob Lee
Treasurer



Dr Frank Y Wang
Committee Member



Mandy Lee
Committee Member



Rebecca Chan
Committee Member

Benefactor of Datuk Fook Kim House (CCCIS Box Hill Centre)

Mr K.H. Lai

Patron

Ms Alice Wong

General Advisor

Ms Sue Herbst

Financial Advisor

Mr Tony Xie

Legal Advisor

anonymous

Insurance Advisor

Frankie Chen

IT Advisor

Mr Richard Bradford

Medical Advisors

Dr Michael Cheng
Breast & Endocrine Surgeon

Dr Paul Ng
Psychiatrist

Dr Kevin Siu AM
Neurosurgeon

Dr Margaret Ma
Neurologist

Dr Aaron Wong
Palliative Medicine Specialist
Medical Oncologist

Chairperson's Report

It is my pleasure to present the CCCIS 2024–25 Year in Review. This year has been marked by exciting new initiatives, meaningful partnerships, and continued dedication to supporting those affected by chronic illnesses in the Chinese community. Throughout the year, we also continued to evaluate our programs and services to ensure they remained responsive and aligned with community needs. Below are some key highlights:

CCCIS Op Shop initiative

Following the successful acquisition of a peppercorn lease in Croydon from a generous supporter, we began developing the CCCIS Op Shop in early 2025. Under the guidance of a dedicated sub-committee chaired by Vice President Wina Kung, extensive preparation went into setting up the shop, sourcing donated items, managing logistics, and relevant logistics.

This initiative would not have been possible without the generous support of donors, volunteers, and in-kind contributions from other not-for-profit organisations and corporate partners such as Chinese Youth Society of Melbourne. We were proud to celebrate a soft opening in June 2025, marking a promising start for this community-driven opportunity project.

Chinese Free Meals Project

Now in its sixth year, the Chinese Free Meals Project continues to provide short-term meal support to elderly and disabled individuals who are unable to cook due to illness or other crisis situations. Thanks to the ongoing generosity of the Opalgate Foundation, we delivered more than 5,800 meals to 112 clients over the financial year—despite increasing living costs and rising demand in the community.

Feedback from clients and referral agencies has been overwhelmingly positive, highlighting the dedication of our volunteers who run the service fortnightly. We are also

pleased to welcome a new sponsor, Diana Cheung, whose support will help sustain this vital service in the coming year.

Horticultural and Music Program

Our horticultural therapy program continues to flourish, encouraging sustainable gardening practices through both individual and group sessions. This year, we expanded the garden with additional raised planters, enabling a greater variety of crops.

Participants enjoyed learning new skills, connecting with nature, and working collaboratively—especially during harvest times. The program remains a valuable source of wellbeing and community connection for many.

We also have a choir where members meet regularly to sing, share friendship, unwind, and perform at community events.

Research Partnerships & Consultation

CCCIS was honoured to support several research initiatives focused on cancer care and Culturally and Linguistically Diverse (CALD) community engagement. Highlights included:

- A focus group exploring CALD community needs for Peter MacCallum's Men's Shed at the Victorian Comprehensive Cancer Centre (VCCC).
- A consultation on identifying CALD patients within health systems for Austin Health (North Eastern Public Health Unit)
- An information session on clinical trials in primary care for the Primary Care

Collaborative Cancer Clinical Trials Group (PC4)

- Promotion of resources from Flinders University's Advancing Cancer Survivorship initiative and the Crohn's & Colitis Australia project

Additional consultations on barriers to service access and strategies for improvement for Chinese Australians were provided to the Peter MacCallum Cancer Centre, University of Melbourne, Cancer Council Victoria, the Victorian Department of Health, and the Department of Home Affairs.

These collaborations ensure CCCIS remains an active voice in shaping culturally appropriate cancer care policies and practices.

Support Services

Our Family Support Team continued to provide individualised assistance to those living with chronic illness, despite staffing transitions. Social work interns from various universities contributed meaningfully while gaining valuable field experience.

Staff and volunteers maintained outreach efforts at Box Hill Hospital, and all support groups continued regular meetings—except the Springvale group, which paused temporarily due to facilitator unavailability.

Community Education

We have hosted monthly seminars this year, covering a broad range of health and wellbeing topics. These sessions were especially well received by Cantonese-speaking attendees and have helped raise CCCIS's profile within the wider Chinese community.

Financial Position

Thanks to corporate sponsors, government

funding and increased support from donors, CCCIS remains in a sound financial position. A detailed financial report will follow, presented by our Treasurer.

Acknowledgements

On behalf of the Committee of Management, I extend heartfelt thanks to our partners—Mecwacare and Lions Club of Melbourne Chinese Next Gen donors and sponsors – Oriental Merchant Pty Ltd, Jin-Mi Music and Performing Arts Society, Hei Wo Chinese Opera Group. Patron Alice Wong, and advisors for their invaluable contributions. Special appreciation goes to our dedicated staff for their professionalism and passion for family support, and to our volunteers, whose tireless efforts continue to drive our services forward.

Looking Ahead

After nearly 30 years of service, I remain convinced that CCCIS—while modest in scale—is both efficient and impactful. We are proud of our legacy as a culturally responsive organisation specialising in cancer support, and we remain steadfast in our mission to provide professional, community-based care to those affected by cancer and other chronic illnesses.

Together, we will continue to **learn, grow,** and **serve with compassion and excellence.** ■

Dorothy Yiu OAM JP
Chairperson & Founder
Chinese Cancer & Chronic Illness
Society of Victoria



主席報告

姚沈宛 OAM JP

維省新生會
創辦人兼主席



我很榮幸向大家呈交《維省新生會 2024-25 年度回顧》。這一年，新生會持續秉持服務精神，積極推動新的計劃，深化合作關係，並堅定地支援華裔背景、並受癌症及其他慢性疾病影響的社群。無論是在服務範圍、項目品質，影響力方面，均有顯著成長。全年，我們持續評估相關的計劃和服務，以確保它們能夠符合社區需求。以下是本年度的主要亮點：

新生懷寶店 (CCCIS Op Shop) 項目

在一位慷慨的贊助者的支持下，我們成功獲得了位於 Croydon 的一個免費長期租約，並於 2025 年初正式啟動了新生會二手商店 - 懷寶店這項目。在副主席 Wina Kung 的領導下，專責小組投入大量精力進行商店規劃、捐贈物資的籌集、及物流管理等前期準備工作。

該項目得以順利推進，有賴社會各界的慷慨支援，包括捐贈者、義工，尤其是來自其他非營利機構，如墨爾本中華青年會及企業夥伴的實物捐助。2025 年 6 月，我們舉行了懷寶店的試營業活動，標誌著這一社區共建項目邁出了堅實的第一步。

福飯計劃

已邁入第六年的「福飯送溫暖」項目，持續為因疾病或突發狀況而暫時無法做飯的長者及殘障人士，提供短期膳食支援。在 Opalgate 基金會的資助下，我們在本財年共為 112 位有需要的人士提供了超過 5,800 份餐食，即使在生活成本上升、服務需求不斷增長的環境下，仍穩步推進。受惠者與轉介機構的反饋十分正面，充分肯定了志願者團隊每兩週一次的用心服務。我們也欣然歡迎 Diana Cheung 加入福飯的贊助團隊。

園藝治療及音樂項目

我們的園藝治療項目持續發展，透過個人與小組形式的活動，推廣可持續種植理念。參與者在活動中不僅學到了園藝技巧，也在收穫季節中享受了豐收的喜悅與團體合作的樂趣。該計劃對提升身心健康與社群聯繫發揮了積極作用。本年度新增多個高架種植箱，種植作物的多樣性隨之提升。

同時，我們亦有一隊合唱團，成員們定期聚會唱歌、分享友誼、放鬆身心並在社區活動中表演。

研究合作及諮詢

CCCIS 很榮幸能夠參與多個與癌症照護及多元文化社群相關的研究與政策諮詢的項目，主要包括：

- 與 Peter Mac 男士小屋 (Men's Shed) 合作，舉辦 CALD (文化及語言多樣背景) 社群需求的焦點小組討論
- 參與 Austin Health 關於醫療系統中識別 CALD 患者的諮詢會議
- 與墨爾本大學合作，為 Primary Care Collaborative Cancer Clinical Trial Group (PC4) 舉辦臨床試驗的資訊交流會

- 推廣 Flinders University 「推進癌症康復專案」和「克羅恩病 (克隆氏症) 與潰瘍性結腸炎」的多語資源

另外，我們亦向以下機構提供有關華人社區獲取主流服務障礙的諮詢建議：Peter MacCallum 癌症中心，墨爾本大學，維多利亞州癌症協會，維州衛生部及澳洲內政部等。這些合作確保新生會在推動文化適切的癌症照護政策上，繼續扮演著關鍵的角色。

支援服務

儘管人手有所變動，我們的家庭支援團隊仍持續為慢性病患者提供支援。同時，多位來自不同大學的社工實習生也積極參與我們的服務，在實踐中累積了寶貴經驗。

我們繼續在 Box Hill 醫院維持外展服務，除 Springvale 小組因短缺組長而暫停外，其餘支援小組均定期舉行活動，互相交流支持。

社區教育

我們今年擴大了健康講座的種類與覆蓋範圍，涵蓋多項與健康相關的主題，尤其受到粵語社區人士的熱烈歡迎。這些活動不僅提升了社群的健康意識，也使新生會在華人社區中的認知度更為廣泛。

財政狀況

感謝來自捐助者、企業贊助商以及政府資助的穩定增長，CCCIS 財務狀況穩健良好。本會的財務主管將在稍後提供詳細的財務報告。

致謝

我謹代表本會管理委員會，向所有合作夥伴 (Mecwacare, 墨爾本獅子會及幼師會、贊助單位 (熹和粵韻, 金咪音響演藝製作社, 中達食品)、顧問團及本會名譽贊助人 Alice Wong 女士致以衷心感謝。特別鳴謝本會全體員工，感謝你們對癌症支援服務的熱情與專業精神，也感謝所有志願者，你們的無私奉獻是推動服務不斷前行的動力。

展望未來

在即將邁入 30 周年之際，我始終堅信，雖然新生會規模不大，但我們高效、專業且具有深遠影響力。我們為自己作為專注癌症支援的華人服務機構而自豪，也將繼續堅持「以文化為本、以人為本」的理念，為癌症及其他慢性病患者提供專業、貼心的服務。

我們將繼續學習、成長，並以關愛與卓越服務社會。

Our Impacts



359

clients supported,
including their carers and
family members



2,832+

individual support sessions
provided by staff and volunteers



98

number of support group sessions
provided by staff and volunteers

497+



number of client engagements
through outreach to Box Hill
Hospital by staff and volunteers



5,828+

free Chinese meals provided to
clients in need

Top 5 LGA (Service recipients)

Whitehorse	30%
Manningham	16%
Boroondara	12%
Monash	9%
Knox	4%
Others	29%



598+

hours of wellbeing and respite
support provided to clients with
*Home and Community Care Program for
Younger People* in partnership with
mecwacare

975+



number of attendances in health
related community education
sessions & wellbeing activities
held (in-person and online)

Community Education & Events

In 2024-25, we hosted

13

Health related community education sessions

13

Wellbeing activities and cultural events



Support Groups

In 2024-25, CCCIS continued hosting the following 11 support groups across Melbourne metropolitan areas.

Cancer Support Groups

- **Box Hill Fortnightly Cancer Support Group:**
 - Facilitator: Dorothy Yiu (Family Support Worker, Volunteer)
- **Box Hill Monthly Mandarin Cancer Support Group:**
 - Facilitator: Jenny He (Volunteer)
- **Footscray Cancer Support Group (Cantonese):**
 - Facilitator: May Lui (Volunteer) Online
- **Springvale Cancer Support Group (Cantonese):**
 - Facilitator: Angie Lee (Volunteer) Online

Chronic Illness Support and Wellbeing Groups

- **Box Hill Fortnightly Horticultural Group:**
 - Facilitator: Dorothy Yiu (Volunteer) & Lai Lin Soon (Volunteer)
- **CCCIS Choir**
 - Conductor: Yvonne Cui (Music therapist, Volunteer)
- **Dementia Fortnightly Support Group (Cantonese):**
 - Facilitator: Wing Siu (Family Support Worker)
- **Dementia Fortnightly Support Group (Mandarin):**
 - Facilitator: Debbie Wan (Family Support Worker)
- **Hoppers Crossing Irregularly Wellbeing Group:**
 - Facilitator (Mandarin & Cantonese): Candy Law (Volunteer)
- **Parkinson's Disease Monthly Support Group:**
 - Facilitator: Jenny He (Volunteer) & Debbie Wan (Family Support Worker)



Chinese Meals Free to People In Need Program

福飯送溫暖

這個短期免費中餐服務已踏入第六個年頭，繼續服務那些因疾病或其他困境而無法自炊的華裔家庭。今年我們福飯組增加兩個新幫手「蒸籠」及「電池爐」：我們購買了一個三層大蒸籠及換了新的爐頭，使我們可以分成兩小組，分工合作地製作福飯，一組廚師主炒，另一組可負責蒸煮食材，既可以減輕主廚的負擔，同時亦節省了很多時間，增加福飯組的效率，使我們能夠製作更多營養豐富，味道鮮美的膳食，為那些有需要的家庭送上一點點的支持和溫暖。

另一方面，在這物價高漲的環境下，雖然今年魚店無法再平價出售魚翼給我們，慶幸的是，有另一間鴨店能夠供應價廉物美的鴨胸給我們，感謝上天安排，我們團隊亦會繼續努力不懈的去尋找價廉物美的食材，好讓「福飯送溫暖」這項目得以延續下去。

儘管以往常常收到福飯受惠者的感謝和讚賞，為更了解福飯受惠者的需要及意見，從而希望進一步改善相關服務，今年新生會透過電話訪問，收集了五十位福飯受惠者的意見（意見調查的結果撮要，請見下頁）。看到這些正面的回饋，我們整個團隊既欣慰開心，亦更有動力努力下去。在此我衷心感謝福飯團隊所有義工們無私的付出，亦多謝贊助商Opalgate Foundation, 新加入的贊助人 Diana Cheung 女士，還有其他贊助商如香港超市、中達食品等，支持我們這個福飯的項目，讓我們繼續在華人社區裡發熱發光，服務有需要的家庭。

Candy Ma (Meals Program Co-ordinator, Volunteer)



It's been six years since we launched our Free Meals Program, dedicated to providing nutritious meals to individuals who are unable to cook for themselves due to illness, disability, or other unforeseen challenges. To support our growing efforts, we've recently invested in additional utensils to streamline our cooking process and improve efficiency. We continue to source affordable produce from local grocery stores and restaurants, helping us manage rising food costs while maintaining quality. We regularly conduct surveys and consult with partner organisations to ensure our meals meet the needs and expectations of those we serve.

A heartfelt thank you to all our sponsors—whether through in-kind contributions or financial support. Your generosity enables us to continue serving those in need and nurturing a more compassionate community.



Chinese Meals Free to People In Need Program

福飯送溫暖



Satisfaction Survey Results

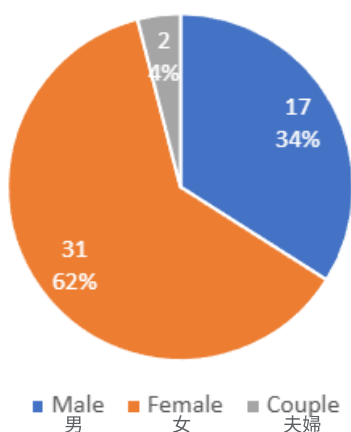
意見調查結果*



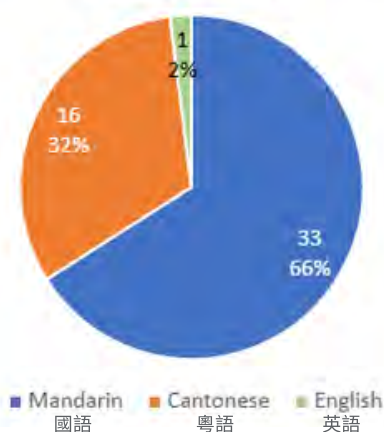
Beneficiaries' Demographics

福飯受惠者個人資料

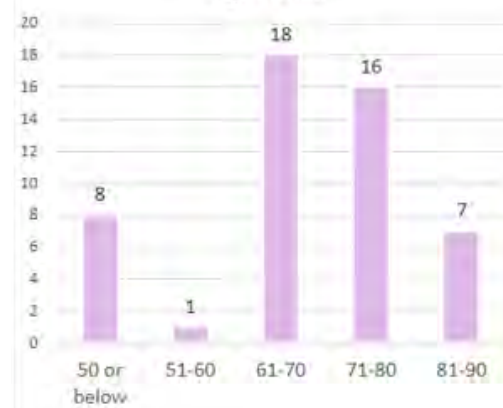
Gender 性別



Primary Language 主要語言



Age 年齡



Feedback on the Meals

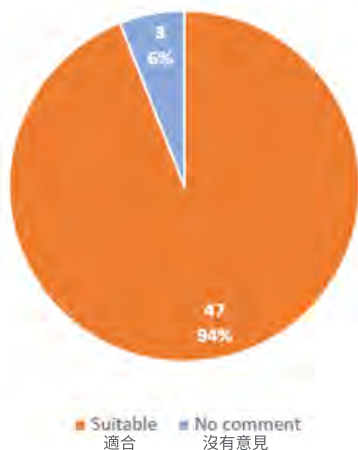
對福飯的意見

More feedbacks are published on Pages 24-25

更多福飯受惠者的意見刊於第24-25頁

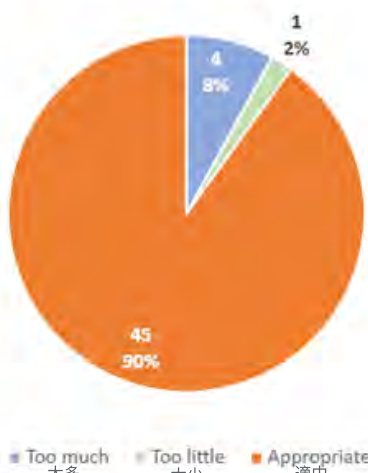
Are the Meals suitable for you?

福飯是否適合你?



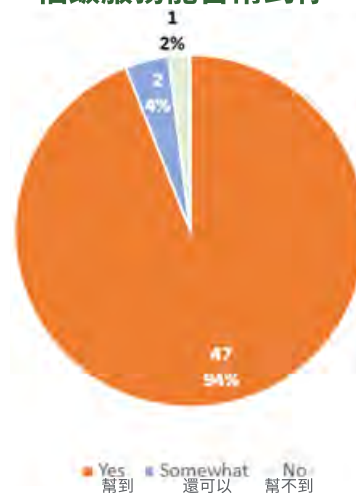
How is the portion size?

分量如何?



Does the Meal Service help you?

福飯服務能否幫到你



* The survey, conducted from mid-June 2024 to March 2025, successfully engaged 50 beneficiaries of Meal Services.
調查於2024年6月中旬至2025年3月期進行，成功訪問50位福飯受惠者。

Horticultural Program 園藝計劃

This year, our gardening program continued to thrive, with an abundance of seasonal vegetables and flowers grown throughout the year. Among our favourite Chinese crops were yacon, "sanyau", and winter melon—much loved by our customers for their freshness and flavour.

Despite having a limited garden patch, we made the most of every inch, transforming the space into a vibrant and flourishing oasis. Our produce was sold both on Marketplace and at the Centre, generating valuable revenue for the Society.

We're proud to be a team of crazy green thumbs, united by our shared passion for gardening. We also welcomed several new members to join us along the way. In March, we enjoyed a group outing to the Garden Show, and in November 2024, we hosted a stall at Box Hill Mall, showcasing and selling our home-grown harvest.

Looking ahead, we hope even more people will join us. It's not just about plants—it's about fun, friendship, and nurturing our wellbeing together.

今年，我們的園藝計畫持續蓬勃發展。我們最喜愛的幾種中式作物包括雪蓮果、山藥和冬瓜——因其新鮮美味而深受顧客喜愛。我們為自己是一群熱愛園藝的「綠手指」而感到自豪，因共同的熱情而團結在一起。

2024年11月，我們在 Box Hill 商場設立了攤位，出售親手栽種的花果和蔬菜。展望未來，我們希望有更多人加入我們的行列。園藝不僅僅是種植植物，而是增進快樂、友誼、學習新技能，以及一同步上滋養身心健康的旅程。



Memorial Day

清明懷念故友活動



Memorial Day is CCCIS' annual event dedicated to honouring and remembering members who have passed away. Held in early April to coincide with the Chinese Ching Ming Festival, the occasion offers a meaningful space for reflection and remembrance.

The event began with a quiet ritual, where members gathered leaves and branches from around the oval and placed them on a central table as a symbolic tribute to their loved ones. The host then read aloud the names of the deceased, followed by heartfelt songs that evoked memories and emotions.

To balance the solemnity with a touch of lightness, a few games were organised beforehand, bringing smiles and a sense of community to the gathering. The ceremony concluded with the gentle release of bubbles—an uplifting and symbolic gesture representing remembrance and hope.

此紀念日是維省新生會每年舉辦的活動，旨在緬懷與紀念已故的會員。活動於四月初舉行，與中國的清明節相呼應，為大家提供一個充滿意義的空間，用以追思與懷念。

活動以靜謐的儀式展開，會員們從場地周圍拾取樹葉與樹枝，並將其放置於桌上，象徵對摯愛親人的敬意。主持人隨後誦讀逝者的姓名，接著播放感人至深的歌曲，喚起大家的回憶與情感。

為了在莊嚴氛圍中增添一絲輕鬆，活動前安排了幾項遊戲，為聚會帶來笑容。儀式最後以輕柔地釋放泡泡作結，象徵著追思與希望，為整場活動畫下溫馨的句點。



Festival Celebrations



From Dream to Reality: The Journey of Opening CCCIS Op Shop



Following the successful securing of a peppercorn lease in Croydon, the dream of establishing an op shop to support CCCIS financially has become a reality. It's been an extraordinary journey of six months relentless hard work—one filled not only with dedication, but also with imagination, resourcefulness, and the unwavering support of our community.



To guide the project, a sub-committee was appointed by the CCCIS Committee of Management. From the outset, the team committed to maximising existing resources and minimising expenses, including the use of preloved shelving and fittings. We were incredibly fortunate to have Uncle Bill, a long-time supporter from the Chinese Youth Society of Melbourne, who generously volunteered his time and expertise to help set up the shop at no cost.



Through CCCIS members and friends, we put out a call for quality preloved goods—and sometimes even went to donors' homes to collect them. Donated items were transported from our Box Hill office to the new shop.

I still remember standing in the empty shop, staring at the empty shelves and asking myself, "Where do I begin?" Without overthinking it, I started unpacking the heavy boxes and bags of donations and began hanging items on the racks with a couple of volunteers. At first, it was daunting to imagine filling the entire space—but soon, those mountains of donations transformed into a vibrant and colourful collection.

The next challenge was sorting everything into categories: men's and women's wear, crockery, children's books and toys, arts and crafts, food items, and more. The workload quickly became overwhelming, and I started to recruit more volunteers, and the sub-committee decided to engage a part-time project officer to oversee the project. Gradually, more dedicated individuals stepped in to help.



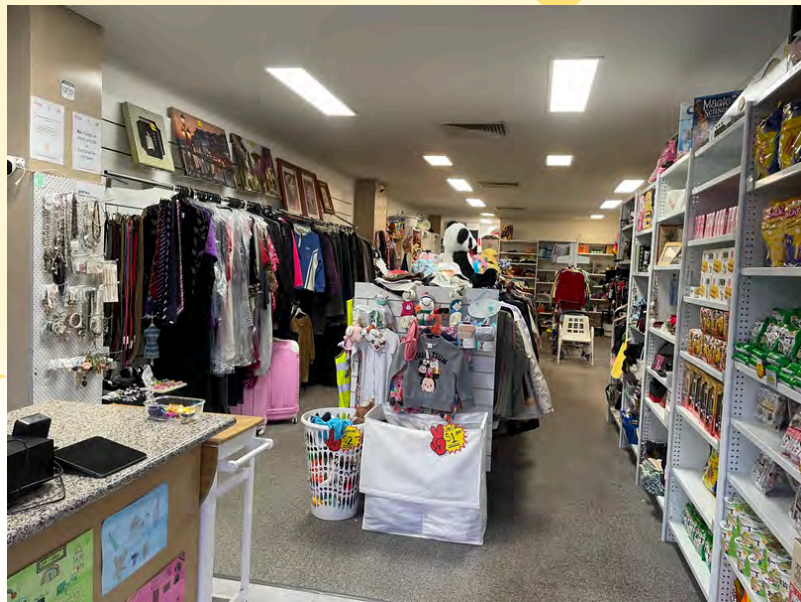
Who would've thought pricing could be so tricky? We often had to research online to set fair prices—especially for branded clothing. It was painstaking and time-consuming, but essential to maintaining the integrity of the shop.

Bit by bit, the space began to take shape. Creative touches—potted plants, sparkling jewellery, and carefully designed displays—added warmth and charm. With the installation of a POS system and CCTV, the shop was nearly ready. The final hurdle was recruiting more volunteers, which proved to be a tough task. But thanks to our network of passionate supporters, we built a strong team in time for launch.

Training and promotion were the final legs of the journey. We were incredibly grateful to the Lions and Leo Clubs of Melbourne Next Gen, who distributed over 1,500 flyers throughout the neighbourhood. With a soft opening in June followed by an official launch on 1st July 2025, it was a moment of pure joy for me.

We're deeply thankful to everyone who played a part in this journey—our sub-committee, tireless volunteers, generous donors, and above all, the landlord. Without their support, the shop simply wouldn't be here today.

Dorothy Yiu



尋寶、懷寶、環保 - 新生會懷寶店

當我們在 Croydon 成功取得象徵性租約 (peppercorn lease) 後，以「尋寶、懷寶、環保」為口號的二手商店終於夢想成真。這是一段非凡的旅程，歷經六個月的堅持與努力，不僅展現了創意與資源運用的智慧，更凝聚了社區的深厚支持。

透過新生會的會員與朋友，我們發起募集優質二手物品的呼籲，並將物資從 Box Hill 辦公室運送至新店面。最後一道挑戰是招募義工，雖然艱難重重，但在熱心支持者的協助下，我們終於建立了一支堅強的團隊。

我們透過社交媒體、朋友及支持者進行廣泛宣傳，並獲得墨爾本新世代獅子會與青年獅子會的大力支持，他們在周邊社區分發了超過 1,500 張宣傳單張，讓更多人認識這項有意義的計畫。

新生會懷寶店於 2025 年 6 月開始營業。我們衷心感謝所有參與籌備的人士——小組委員會、辛勤的志工、慷慨的捐贈者，以及最重要的房東。若無他們的支持，懷寶店無法誕生。;

我們期盼這項計畫持續成長，為社區中的每一位人士創造機會 (opportunities)——無論是購物者、捐贈者、創辦者、義工們，大家一起建立一個關愛的社區，最重要的是共同守護我們的環境，為人類的未來盡一份心力。

CCCIS
Op Shop
新生會懷寶店



地址 Address:

1/15 Maroondah Highway, Croydon

營業時間 Trading hours:



Tuesday to Saturday
10:00am to 4:30pm



網址 Website:

www.cccis.org.au/opshop/

Overview

Reviews

About



Pamela Vodopier

Local Guide · 16 reviews · 1 photo

★★★★★

a month ago

Lovely, well kept shop. Great prices and a good variety. Walked out with a mix of new and used goods and some Asian groceries. You're doing a great job!

1

Share

K

Kong Chan

5 reviews

★★★★★

a month ago

Haven't been to this place but heard many good and encouraging stories about it. To name a few ... It took lots of commitments, effort and time from a dedicated team to start this journey. Many excellent story books at a reasonable price. Many families support this good cause donating quality clothing and books. All volunteers serving at the shop are well trained and committed. Have you been to this shop? Don't wait. It needs your support to keep it going.

Like

Share

A

Anna Mowbray

1 review

★★★★★

a month ago

Recently dropped into the CCCIS store, greeted by warm and friendly staff. The shop is well stocked with a large range of clothing and household accoutrements for everyone. Walked away with arms full!! Plants, (free lemons) framed prints to baby clothes and woollen jumper's. Best value op-shop!! Could not be more delighted, will definitely be back.

Like

Share



James and Imogen

1 review

★★★★★

a week ago

NEW

Lovely shop and lovey staff!

Like

Share

CCCIS

Op Shop

新生懷寶店

Overview

Reviews

About

M

Mary Leung

6 reviews

★★★★★

a month ago

My grandsons (age 4 and 6) were delighted with the "goodies" I bought them from this amazing op shop - all kinds of Marvel superheros figurines etc. Their mother was also pleased to have a "Childrens' Abacus Wooden Counting Frame" which she is using to introduce them to arithmetic.

Kudos to the organisers, all the volunteers and donors into making the CCCIS op-Shop a good op shop shopping experience. Volunteers are lovely and efficient. There is plenty of high quality stock, items are well arranged - neat and clean. The prices are low.

My day there turned out to be both successful and affordable. Thank you CCCIS op Shop!!!

Like

Share

C

Catia Sicari

7 reviews

★★★★★

a month ago

Awesome Opshop, inviting, friendly staff with quality items - loved it 🍷🍷 ...

Like

Share

A

Alana Meneilly

2 reviews

★★★★★

3 weeks ago

NEW

ladies were so nice and have great prices , will definitely come back

Like

Share



midco wan

5 reviews · 3 photos

★★★★★

a month ago

Great shop, good price, nice staff

Like

Share

Our Staff

(July 2024 - June 2025)

Dorothy Yiu, **Manager** (Pro bono)



Family Support - Social Workers/ Counsellors:

Debbie Wan



Doris Leung



Elsa Lau



Wing Siu



Account/ Bookkeeping:

Fung Ying Yip

Social Work Interns:

Chun Hei Au (The Chinese University of Hong Kong)

Hiu Ching Tsai (The Chinese University of Hong Kong)

Pubing Xiong (Monash University)

Wenyi Wang (Monash University)



Our Team of Volunteers



新生會的義工團隊今年添上了一番新氣象。除了原有負責「福飯送暖」、「希望園圃」及「家居探訪」三大類別的義工外，今年更新增了兩個新成員，或者應該說是兩個支隊，令我們的義工人數突破七十人。

第一個新支隊是 Op Shop 義工團隊。這支隊有二十多名義工，主要負責「新生懷寶店」的日常經營與運作。每位義工每週至少會到店當值半天。他們當中超過一半是新加入新生會的朋友，除了退休人士外，亦有不少上班族利用工餘時間參與服務。今年五月，他們完成了多場密集式培訓，並於七月正式全面投入服務。雖然只有短短數月的時間，但他們親切友善的服務態度，已在社交媒體上贏得一致好評。

第二個新支隊是來自 Lions Club of Melbourne Next Gen 的成員。他們會就不同項目為新生會提供度身訂造的協助。今年六月底，他們的成員以家庭為單位，協助「新生懷寶店」在附近住宅區派發開張傳單，為店舖宣傳作出了極大貢獻。

在此，衷心感謝我們所有的義工。感謝你們付出寶貴的時間和心力，支持新生會；感謝大家以無私奉獻的精神，為有需要的人提供貼心到位的服務。

Mandy Lee (Volunteer coordinator (Pro Bono))



Manager: Dorothy Yiu

Gardening Program: Lai Lin Soon (team leader), Angie Lee, Dorothy Yiu, Grace Lim, Mandy Lee, Mackie Chun, Kathy Li, Simon He, Portia Wong, Wing Hong Lee, Yau Fong Tang, Candy Ma, Chee Ip and Karen Qin.

Meals Program: Candy Law (team leader), Hoi Cheung, Sylvia Leung, Angela Lung, Angela Ong, Mackie Chun, Marion Fok, Michelle Wong, Pinky Ta, Simon He, Judy Hui, Stephen Lam, Renee Ren, Kim Ong and Mandy Lee.

Support Groups:

Facilitators: Dorothy Yiu, Jenny He, Angie Lee, May Lui and Candy Law

Chefs: Mary Xu, Kim Szeto and Portia Wong

Outreach: Ada Ip, Franklin Lee, Jenny He, Pui Fun Cheung, Wilina Chung and Angeles Lau

Bunnings Sausage Sizzles: Dorothy Yiu (team leader), Dr. Sim, Agatha Chan, Frieda Si, Grace Lim, Hoi Cheung, La Lin Soon, Mandy Lee, Eleanor Yip, Andrew Paini, Pinky Ta, Rebecca Chan, Sylvia Leung, Simon He, Winnie, Victor Le, Wing Siu, Kayin Lam, Yvonne Yuen, Anna Xie, Michael Xie and Zoe Zhang

Fundraising Sale(Tug Shop): Lai Lin Soon

IT, Website and Graphic: Frieda Si, Miranda Liang and Annie Lee

Environmental: Portia Wong and Grace Lim

Lawn Service: Henry Tsang, Joseph Choy, Louis Check, Kwan Heung Cheng, Kwon Keung Kong and Stephen Lau

Choir Conductor and accompanist: Yvonne Cui and Yining Ding

Bookkeeping: Portia Wong

Events: Dorothy Yiu, Roxy Lam, Katherine Wang, Agatha Chan, Dr. Sim, Kathy Li and Simon He

Op Shop helper: Ada Ip, Agatha Chan, Angela Ong, Angie Lee, Annie, Ean Oei, Chan Wun Yu, Cynthia Wong, David Chan, Josephine, Kathy Li, Kayin Lam, Karen Qin, Stephen Lam, Maria Hui, Mona Leung, Roxy Lam, Simon He, Sylvia Cheng, Tang Yau Fong, Portia Wong, Yvonne Yuen, Anna Xie, Michael Xie, Lai Lin, Midco, Wendy Chan and Dorothy Yiu

Our Team of Volunteers

Two volunteer in-service gatherings were held to promote ongoing learning, friendship, and mutual support among our dedicated volunteers. These events provided a valuable space for sharing experiences, strengthening connections, and enhancing the collective impact of our volunteer community.

In recognition of outstanding service, two volunteers were honored with the Volunteer of the Year Award, celebrating their exceptional contributions and unwavering commitment to the mission of the Society. Their dedication serves as an inspiration to others and fosters the spirit of volunteerism.

Volunteer of the Year

Jenny He
Portia Wong



Hearing From Volunteers

來新生會已經兩年啦，其實我認識新生會有十幾年了，之前因為時間不合錯過了做義工的機會。

兩年前因為肺癌在家無聊，又想起了新生會。我覺得應該盡自己的能力為社會做點貢獻，所以我參加了新生會的園藝組。雖然我有自己的花園，但我是新手，只會澆水和施肥。看到新生會的菜園生機勃勃、百花齊放，我就在園藝組扎根了。在這裡我學到了什麼時候施肥、什麼時候撒種子、什麼時候要鬆土。花園的收穫能有回報，是每位成員辛勤付出的成果。

希望大家能加入我們的大家庭！

Karen Qin

As a volunteer for CCCIS for many years, I have gained countless experiences and diverse feelings. This journey has made me more aware of the preciousness of life and the importance of care and support from family and friends.

For the past few years, I have been working as a volunteer with our Meals Program. We cater for, and help the cancer and chronic illness patients. We cook and deliver carefully selected, nutritious meals to their homes, alleviating the worry of preparing food during their frailty, allowing them to have more time to rest and focus on their treatments.

Seeing the patients' appreciation and gratitude upon receiving the meals, I feel the warmth and satisfaction in my heart. Being able to help the needy brings me immense joy and encouragement. I am contented and proud for my contribution to support the vulnerable Chinese Community in this meaningful endeavor.

My passion to help others will surely continue, benefiting and comforting more people. It gives me unspeakable joy and happiness, and I wish to thank CCCIS for giving me this opportunity to serve and gain valuable experiences in life.

Angela Ong

Social Work Internship

CCCIS is committed to providing meaningful social work internship opportunities for both local and international students. These placements are designed to bridge the gap between academic learning and real-world practice in a workplace.

Through hands-on experience, the students gain valuable insights into the complexities of social work, develop essential professional skills through case management and group programs, and develop a deeper understanding of the needs of individuals and communities. students are encouraged to reflect critically and grow professionally.

It is incredibly rewarding to see students thrive during their placements—gaining confidence, building relationship skills, and discovering their unique strengths and interests as emerging social workers.

Firstly, please accept my deep thankfulness again for your placement arrangements for Chun Hei and Ching Ching this year. From the feedback of the two students, they appreciated your support, professional guidance and caring much apart from their precious time in Melbourne and CCCIS. Trust that your experience sharing and coaching did help them a lot to be a professional and competent social worker in the near future.

Dr. Eric Au Yeung
Director of Field Instruction
Social Work Department, The Chinese University of Hong Kong



During my three-month placement at CCCIS, I gained valuable insight into the field of bereavement support. CCCIS offered a wide range of opportunities—including group work, hospital outreach, casework, and educational programs—that allowed me to observe and engage in meaningful practice. Through direct experience and learning from my colleagues, I developed a deeper understanding of what it means to be a person-centered social worker. I learned that social work is not just about providing services, but about prioritizing the best interests of clients and users at all times. In bereavement care especially, it is essential to follow the client's pace, listen attentively, and respond with genuine empathy. These foundational skills help build trust and create a safe space for individuals navigating grief. This placement has truly strengthened my commitment to compassionate and client-focused practice.

Ms Hiu Ching Tsai
Placement Student 2025
Social Work Department, The Chinese University of Hong Kong



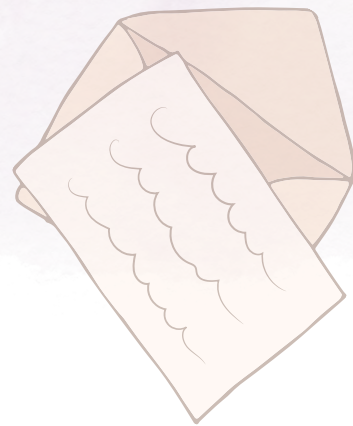
Dear Dorothy:
 This opening is used the most for me during my placement.
 Sorry啦我不会写繁体, 希望你能看得明白我写的內容哈哈~
 对于我来说, the most lucky thing this year is come to 新生会
 for my first Social Work placement. 你是一个非常好的导师, 也是帮
 我最多的朋友。在这个有限的14周, 我学到了很多很多。我不是完美的,
 但在这个实习期间, 我自己也能感觉到我的进步。Every progress I made
 can't leave everyone's cultivation.
 在新生会, 我也感受到帮助别人给我带来的快乐。我记得一开始
 你有问过我, 我是不是真的想做一位社工。我觉得我现在可以回答的是,
 我想帮助别人, 在自己力所能及的情况下。如果这是回答这个问题的关
 键, 我想我是想成为一名 Social worker 的。
 非常感谢你 and 新生会每一位职员对我的帮助和栽培, 实习结
 束以后我也希望能够留在新生会做义工。
 新年新气象, 希望你身体健康, 天天开心! 我们还会再见, 你永远是
 我的恩师!

Merry Christmas & Happy New Year!

Placement Student 2025
 Monash University

The three-month placement at CCCIS has been a truly rewarding experience. I had the opportunity to learn across many different areas, from planning activities, leading group sessions, and handling cases, to assisting in services and communicating with people from diverse backgrounds in the community. Each conversation with volunteers or service users, and hearing their life stories, deeply inspired me. I was moved by their courage and resilience in the face of challenges. These experiences not only helped me improve my professional skills, but also gave me a deeper learning of my personal meaning and value. I am truly grateful to CCCIS, and to all the service users, volunteers, and colleagues I have met here, for providing me with such a unique and valuable placement experience.

Mr. Chun Hei Au
 Placement Student 2025
 Social Work Department,
 The Chinese University of Hong Kong



Hearing from Our Service Users

"The free meal service delivered by CCCIS has proven to be culturally appropriate and effective in meeting the needs of vulnerable clients, who are unable to prepare their own meals due to chronic illness or frailty. Referrals to CCCIS are simple and can be made easily online or by phone. The CCCIS team responds to referrals promptly, and feedback from clients indicates high satisfaction with both the meal delivery and the quality of service provided"

Feedback from
Migrant Information Centre (Eastern Melbourne)

姚太 thank you so much ❤️
thank you for thinking about
me and my daughter and
being so caring and
supportive

(參加小組)最大的得着是認識到新朋友，
互補不足，大家都可以分享不同的經歷，
彼此學習

"菜品的質量和款式，堅持一絲不苟，用
認真講究的食材配搭、口味和營養洽到
好處；讓我能在此異鄉享用維省新生會創
始人Dorothy 姚太帶領的義工團隊的心
血和愛心，人間有情！每次送飯亦同時
對我作深切的關懷、慰問、開解、鼓勵
和分享，讓我重新恢復信心和盼望。"

"Over the past few months, Chinese Cancer &
Chronic Illness Society of Victoria has been a
great help to us, providing emotional support and
comforting us with our language during difficult
times. As my parents faced challenges in
preparing meals, they provided us with lovingly
prepared food every two weeks. We are truly
grateful for their support. We also hope they
continue to grow and succeed, and that they can
help even more people and families in the future.
Wish them all the best!"

放鬆, 有連結感, 感
到振奮, 有被支持
的感覺

给我轻松和舒緩情緒
的地方, 新生会让我感
觉到重生的机会,

我是2024年5月因为胃癌接触到新生会的。
在新生会我的直接帮助人是Wing，因为不懂英文，生活中的大小琐事都经常会求助于她，她的耐心细致和无微不至的关怀，让我感受到了家人的温暖。这一年多来，Wing不仅帮助我和Centrelink等政府部门进行沟通，处理问题，还积极主动联系其他福利部门来帮助我解决目前的困难。甚至于水电气、汽车、孩子等问题，只要我问到了她，她都会想办法帮助我，真正是有求必应，我觉得她对我的帮助已经完全超出了工作范围，让我非常感动。在我身体不适的时候会给我提供福饭帮助；怕我有思想负担，积极邀请我参加新生会的各种活动.....
在认识新生会之前，我和未成年的女儿身在异国他乡，去年突然查出来胃癌晚期，真的觉得很迷茫很无助。但现在我觉得自己是幸运的，能在最艰难的时候认识新生会，得到姚太、Wing，以及其他新生会的同事和社工的帮助。我真的是非常非常庆幸，在此真心说一声感恩遇见。

(小組) 可以訓練腦
筋、認識新朋友，
開心輕鬆



Hearing from Our Service Users

more

"A big thank you for the service, its such a wonderful help for both my dad and I. the meals are tasty, well-prepared and its made things much easier for us. My dad really enjoys them, and we appreciate the care that goes into each meal. Its an amazing"

"自2024年8月至今，透過Royal Melbourne Hospital 推介，獲維省新生會福飯送溫暖的援助，每兩周一次將愛心飯盒送來我住處，解決我未能自理的膳食難題。"

"對這樣一個營運近三十年不牟利的慈善機構來說尤其艱辛，惟願有更多贊助資金或實物支持該會；施比受更有福，讓這份愛心持續去。"

CCCIS cares for the need of sick and society, 一個溫馨的大家庭。幫助病患者.感受到支持同鼓勵。

我覺得福飯給予病人及家好大支援，餸菜做得美味，每次都有不同款式，有菜有肉，非常健康。

有你們這個服務很好，正好在最困難的時間幫到我們一家。老婆在化療，我要照顧小孩和上班，福飯可以減輕我們的壓力。

我覺得新生會很好，有福飯服務，可以在我困難時幫助我解決吃飯的問題。整體味道不錯。

很感激你們的付出，尤其是阿Wing下了不少功夫，對我們幫助很大，非常非常感謝

份量足夠，味道也不錯。福飯絕對有幫到我們很多，在我們行動不便時，節省很多外出購物和做飯的力氣。

福飯好幫到我，在我治療期間，很適合我的胃口，減輕了我很多壓力，晚上不再失眠

期待政府能撥款資助新生會就好了，讓新生會可以幫助更多需要支援的病人

可久不久搞些戶外遊

挺好，味道款式都好，特別喜歡魚的菜品。但如果可以延長服務時間就更好

認識新朋友，可以話當年、想當年

癌症病友 互相激勵

可以設置多項康樂活動

講出心中要講的話（以前未敢講。）

能訓練我的老根，提高認知能力，認識新朋友，感到很開心

希望小組活動多一些，激活大腦的問題多一些 **腦筋得益不少**（小組聚會）有可能的話每週一次

可以見到新朋友，參加活動大腦的活動和遊戲，了解很多新的知識

大家相互支持, 经验分享

Our Generous Supporters

We thank everyone and all the organisations that have supported CCCIS financially this year. With your generous support, CCCIS is able to continue providing the level of services we offer to our clients, carers, and their families. We are most grateful for this support and encourage members of our community to help us in any way they can.

List of Individual Donors (in no particular order)

Amy Ngai	Frankie Cheung	Maria Chan	Xiao Ping Zou	Keith Yang
Angie Yuk Lee	Gabrielle So	Mona Leung	Yuan Soon	Kitty
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Anne Tsang	Grace Lim	Patrick Yu	Yvonne Deng	Mary Ho
Audrey Pak-Chan	Grace Wen Kui Zhang	Po Chu Ng	Yvonne Yuen	Mrs Fan
Banh Mary	Grant Sheng-Yu Chan	Quyen Quang	林霞	Pik Kiu Tan
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Christine So	Kevin Fung	Stephen Lam	Dory Siu	榮哥
Chung Cheung	Kevin Siu	Tammy Lam	Gabrielle Liu	許太
Clive Loo/Diana Cheung	Kiang Siv Lim	Teresa Luk	Henry 楊	馮太
Colin Yip	Kin Chun IP	Ty Huy Ung	Ho Yan Chim	黎汝溪
Dorothy Yiu	Li Li	Wai Chi Choi	Jack Ko	
Eva Thai	Li Wan	Wendy Ho	Jerry Wang	
Foon Lai Ng		Wing Yan Winny Yip	Ka Yin Cheung	

Businesses & Organisations

- Bunnings Box Hill South
- Carmen Hair Salon
- Chinese University of Hong Kong Alumni Association (Victoria)
- Design By Pac Trust
- Flamingo Hearts Pty Ltd
- Hong Kong Supermarket
- Num Poon Soon Charitable Trust
- Rejoice Chinese Christian Communication Centre Inc
- Opalgate Foundation
- Oriental Merchant Pty Ltd
- Victorian State Government (Multicultural Seniors Grant)
- 熹和粵韻
- 金咪音響演藝製作社
- 維省多元文化教育協會

Bunnings Sausage Sizzles



Treasurer's Report

Statement of Profit or Loss and Other Comprehensive Income For the year ended 30 June 2025

	2025	2024
	\$	\$
Revenue	59,238	59,704
Donation	354,874	111,646
Interest Income	28,127	23,028
Total Revenue	442,239	194,378
Expenses		
Administration Charges	(508)	(239)
Community Education Expenses	(978)	(351)
Depreciation Expense	(6,533)	(7,018)
Electricity, Water & Gas	(4,839)	(3,692)
Function Expenses	(745)	(1,603)
Fundraising Expenses	(3,388)	(1,329)
Insurance Expense	(4,405)	(3,844)
ICT Expenses	(3,703)	(3,390)
Meeting Expenses	(77)	-
Minor Assets Purchased	(3,784)	(2,531)
Office Expense	(3,493)	(1,424)
Other Staff Costs	(99)	-
Payroll Expenses	(148,514)	(125,881)
Program Expenses	(42,873)	(30,884)
Rent and Council Rates	(766)	(731)
Volunteer Expenses	(3,458)	(573)
Total Expenses	(228,163)	(183,489)
Total Profit / (Loss) for the year	214,076	10,888
Other comprehensive income for the year, net of tax	-	-
Total comprehensive income / (deficit) for the year	214,076	10,888

Treasurer's Report

Statement of Financial Position As At 30 June 2025

	2025 \$	2024 \$
ASSETS		
CURRENT ASSETS		
Cash and cash equivalents	240,203	208,875
Trade and other receivables	8,312	1,663
Other financial assets	750,301	570,137
Other assets	12,011	13,011
TOTAL CURRENT ASSETS	1,010,827	793,686
NON-CURRENT ASSETS		
Property, plant & Equipment	22,511	21,082
TOTAL NON-CURRENT ASSETS	22,511	21,082
TOTAL ASSETS	1,033,338	814,768
LIABILITIES		
CURRENT LIABILITIES		
Trade and other payables	3,600	2,518
Provision-Annual Leave	7,181	3,769
TOTAL CURRENT LIABILITIES	10,781	6,287
TOTAL LIABILITIES	10,781	6,287
NET ASSETS	1,022,557	808,481
EQUITY		
Diana Cheung Meals Reserve	27,810	
Op Shop Reserve	25,807	45,000
Opalgate Meals Reserve	43,314	32,761
Retained Surplus	925,626	730,720
TOTAL EQUITY	1,022,557	808,481

Treasurer's Report

Statement of Changes in Equity For the year ended 30 June 2025

2025

	Diana Cheung Meals Reserve \$	Op Shop Reserve \$	Opalgate Meals Reserve \$	Retained Surplus \$	Total \$
Balance at 1 July 2024	-	45,000	32,761	730,720	808,481
Surplus for the year	-	-	-	214,076	214,076
Transfer from retained surplus to reserve accounts	27,810	(19,193)	10,553	(19,170)	-
Balance at 30 June 2025	27,810	25,807	43,314	925,626	1,022,557

2024

	Diana Cheung Meals Reserve \$	Op Shop Reserve \$	Opalgate Meals Reserve \$	Retained Surplus \$	Total \$
Balance at 1 July 2023	-	-	63,537	734,056	797,593
Surplus for the year	-	-	-	10,888	10,888
Transfer from retained surplus to reserve accounts	-	45,000	(30,776)	(14,224)	-
Balance at 30 June 2024	-	45,000	32,761	730,720	808,481

Statement of Cash Flows For the year ended 30 June 2025

	2025 \$	2024 \$
CASH FLOWS FROM OPERATING ACTIVITIES:		
Receipts	407,463	176,778
Interest received	673	513
Payments to suppliers and employees	(218,847)	(185,029)
Net cash provided by (used in) operating activities	189,290	(7,739)
CASH FLOWS FROM INVESTING ACTIVITIES:		
Purchase of Property Plant & Equipment	(7,962)	-
Payments for Investments	(180,164)	(21,480)
Proceeds from Investments	30,164	21,480
Net cash provided (used in) investing activities	(157,962)	-
Net increase (decrease) in cash and cash equivalents held	31,328	(7,739)
Cash and cash equivalents at beginning of period	208,875	216,614
Cash and cash equivalents at end of the period	240,203	208,875

HOW YOU CAN HELP US

Financially:

Our services are provided free of charge. Your generous donations, no matter how big or small, will help us to continue to support our Chinese community by providing the much-needed support services to people facing a life-threatening illness and their families and friends.

Chinese Cancer and Chronic Illness Society of Victoria Inc. is a charity registered with the Australian Taxation Office as an Income tax Exempt organisation. All donations over \$2 are tax deductible.

Volunteering:

CCCIS is proud of having a group of dedicated volunteers who not only make a difference to our clients and their families, but also make CCCIS a safe and welcoming place where people feel supported and have a sense of belonging.

To find out more or to join our team, please contact us through:

W: cccis.org.au/volunteer-with-us
T: 03 9898 9575
E: enquiry@cccis.org.au



784 Station Street, Box Hill North VIC 3129
T: 03 9898 9575
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